



Secondary Breakfast – May 2019

*Menus are subject to change.

Breakfast Prices:
 Students: Complimentary
 Adults and visiting children: -\$1.50.
 Prepay at www.MySchoolBucks.com


<p>We offer 4 or more food items at breakfast and students must select at least 3 food items, including at least one fruit serving.</p>	<p>AVAILABLE DAILY: Choice of Cereal and Toast or 2 Slices of Cinnamon</p>	<p>Wednesday 1st</p> <ul style="list-style-type: none"> • Ham Egg & Cheese Croissant • Kellogg's Whole Grain Pop Tart Bento-to-Go • Strawberry Smoothie /Toast • Manager's Choice Frozen Mixed Berry Cup Fresh Seasonal Fruit 100% Apple Juice 	<p>Thursday 2nd</p> <ul style="list-style-type: none"> • Café Griddle • Breakfast Protein Bento-to-Go • Yogurt Parfait-Strawberry • Blueberry Smoothie /Toast • Manager's Choice Chilled Mixed Fruit Fresh Seasonal Fruit 100% Orange Juice 	<p>Friday 3rd</p> <ul style="list-style-type: none"> • French Toast Sticks • Colby Cheese & Cracker Bento-to-Go • Yogurt Parfait-Blueberry/Peach • Strawberry Banana Smoothie /Toast • Manager's Choice Frozen Peach Cup Fresh Seasonal Fruit 100% Apple Juice
<p>Monday 6th</p> <ul style="list-style-type: none"> • Pancake Sausage Wrap/Syrup • Breakfast Protein Bento-to-Go • Yogurt Parfait-Mixed Berry • Strawberry Smoothie /Toast • Manager's Choice Chilled Pears Fresh Seasonal Fruit 100% Apple Juice 	<p>Tuesday 7th</p> <ul style="list-style-type: none"> • Bacon Egg Cheese Biscuit • Kellogg's Whole Grain Pop Tart Bento-to-Go • Yogurt Parfait-Peach • Blueberry-Banana Smoothie /Toast • Manager's Choice Frozen Strawberry Cup Fresh Seasonal Fruit 100% Orange Juice 	<p>Wednesday 8th</p> <ul style="list-style-type: none"> • Scrambled Eggs and Sausage/Toast • Colby Cheese & Cracker Bento-to-Go • Strawberry Smoothie /Toast • Manager's Choice Frozen Mixed Berry Cup Fresh Seasonal Fruit 100% Apple Juice 	<p>Thursday 9th</p> <ul style="list-style-type: none"> • Chicken Biscuit • Breakfast Protein Bento-to-Go • Yogurt Parfait-Strawberry • Blueberry Smoothie /Toast • Manager's Choice Chilled Mixed Fruit Fresh Seasonal Fruit 100% Orange Juice 	<p>Friday 10th</p> <ul style="list-style-type: none"> • Strawberry Topped Waffles • Colby Cheese & Cracker Bento-to-Go • Yogurt Parfait-Blueberry/Peach • Strawberry Banana Smoothie /Toast • Manager's Choice Frozen Peach Cup Fresh Seasonal Fruit 100% Apple Juice
<p>Monday 13th</p> <ul style="list-style-type: none"> • Egg and Cheese Omelet /Toast • Kellogg's Whole Grain Pop Tart Bento-to-Go • Yogurt Parfait-Mixed Berry • Strawberry Smoothie /Toast • Manager's Choice Chilled Pears Fresh Seasonal Fruit 100% Apple Juice 	<p>Tuesday 14^h</p> <ul style="list-style-type: none"> • Sausage Biscuit • Breakfast Protein Bento-to-Go • Yogurt Parfait-Peach • Blueberry-Banana Smoothie /Toast • Manager's Choice Frozen Strawberry Cup Fresh Seasonal Fruit 100% Orange Juice 	<p>Wednesday 15th</p> <ul style="list-style-type: none"> • Ham Egg & Cheese Croissant • Kellogg's Whole Grain Pop Tart Bento-to-Go • Strawberry Smoothie /Toast • Manager's Choice Frozen Mixed Berry Cup Fresh Seasonal Fruit 100% Apple Juice 	<p>Thursday 16th</p> <ul style="list-style-type: none"> • Café Griddle • Breakfast Protein Bento-to-Go • Yogurt Parfait-Strawberry • Blueberry Smoothie /Toast • Manager's Choice Chilled Mixed Fruit Fresh Seasonal Fruit 100% Orange Juice 	<p>Friday 17th</p> <ul style="list-style-type: none"> • French Toast Bites • Colby Cheese & Cracker Bento-to-Go • Yogurt Parfait-Blueberry/Peach • Strawberry Banana Smoothie /Toast • Manager's Choice Frozen Peach Cup Fresh Seasonal Fruit 100% Apple Juice
<p>Monday 20th</p> <ul style="list-style-type: none"> • Pancake Sausage Wrap/Syrup • Breakfast Protein Bento-to-Go • Yogurt Parfait-Mixed Berry • Strawberry Smoothie /Toast • Manager's Choice Chilled Pears Fresh Seasonal Fruit 100% Apple Juice 	<p>Tuesday 21st</p> <ul style="list-style-type: none"> • Bacon Egg Cheese Biscuit • Kellogg's Whole Grain Pop Tart Bento-to-Go • Yogurt Parfait-Peach • Blueberry-Banana Smoothie /Toast • Manager's Choice Frozen Strawberry Cup Fresh Seasonal Fruit 100% Orange Juice 	<p>Wednesday 22nd</p> <ul style="list-style-type: none"> • Scrambled Eggs and Sausage/Toast • Colby Cheese & Cracker Bento-to-Go • Strawberry Smoothie /Toast • Manager's Choice Frozen Mixed Berry Cup Fresh Seasonal Fruit 100% Apple Juice 	<p>Thursday 23rd</p> <ul style="list-style-type: none"> • Chicken Biscuit • Breakfast Protein Bento-to-Go • Yogurt Parfait-Strawberry • Blueberry Smoothie /Toast • Manager's Choice Chilled Mixed Fruit Fresh Seasonal Fruit 100% Orange Juice 	<p>Friday 24th</p> <ul style="list-style-type: none"> • Strawberry Topped Waffles • Colby Cheese & Cracker Bento-to-Go • Yogurt Parfait-Blueberry/Peach • Strawberry Banana Smoothie /Toast • Manager's Choice Frozen Peach Cup Fresh Seasonal Fruit 100% Apple Juice

This institution is an equal opportunity provider.



Secondary Breakfast – May 2019

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Monday 27 th	Tuesday 28 th	Wednesday 29 th	Thursday 30 th	Friday 31 st
<p>NO SCHOOL</p> 	<ul style="list-style-type: none"> • Sausage Biscuit • Breakfast Protein Bento-to-Go • Yogurt Parfait-Peach • Blueberry-Banana Smoothie /Toast • Manager's Choice Frozen Strawberry Cup 100% Orange Juice 	<ul style="list-style-type: none"> • Ham Egg & Cheese Croissant • Kellogg's Whole Grain Pop Tart Bento-to-Go • Strawberry Smoothie /Toast • Manager's Choice Frozen Mixed Berry Cup 100% Apple Juice 	<ul style="list-style-type: none"> • Café Griddle • Breakfast Protein Bento-to-Go • Yogurt Parfait-Strawberry • Blueberry Smoothie /Toast • Manager's Choice Chilled Mixed Fruit 100% Orange Juice 	<ul style="list-style-type: none"> • French Toast Sticks • Colby Cheese & Cracker Bento-to-Go • Yogurt Parfait-Blueberry/Peach • Strawberry Banana Smoothie /Toast • Manager's Choice Frozen Peach Cup 100% Apple Juice

We offer 4 or more food items at breakfast and students must select at least 3 food items, including at least one fruit serving.

Students may select 1% unflavored, or fat-free, low-sugar strawberry or chocolate milk daily.

AVAILABLE DAILY:
Choice of Cereal and Toast or
2 Slices of Cinnamon Toast.

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